

Acute Pain Management Information for Anaesthetists

☐ **contacts:**

Acute Pain Team (nurses)

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Mon-Fri (0900-1900)

☐ **ward rounds and
handover:**

consultant Mon-Fri (see theatre rota for times)
post-op ward round/handover Mon-Fri 1700-1900 with on-call
anaesthetist (bleep 4300) all acute pain patients handed over
There is no formal handover in the morning

☐ **policies:**

Accessed via the UCLH Intranet "Insight" by entering required
policy in the content search box

☐ **after hours
& weekends:**

Ward nurse to contact on-call anaesthetist if required

All patients listed, in the acute pain folder, to be reviewed daily by on-call
anaesthetist on weekends

☐ **documentation:**

Essential: reason for review, action taken and outcome must be
documented in patient notes and on the patient's acute pain audit form
Serious incidents handed over to senior anaesthetist

☐ **acute pain folder:**

Contains audit forms for all patients currently being seen and recently
discharged by acute pain team

Included along with these forms are guidelines and other information for quick and
easy reference: epidural rescue plan, how to bolus via the Graseby 9100 epidural pump, how to set up a
continuous infusion via the Graseby 3300 PCA pump, guidelines for PCA/NCA, paediatric prescribing
guidelines, stickers for prescribing epidural, PCA, PONV guidelines, etc.

This folder is handed over to the on-call anaesthetist after the post-op ward round and it is left in main
recovery for access during the night. It is currently being kept on top of the main workstation. It is marked
"Acute Pain File".

The folder will be collected by one of the acute pain nurses the following morning at 0900 from recovery.

☐ **PCA and epidural
infusions:**

A list of all the wards that accept PCA and epidural infusions is kept in
main recovery and in the Acute Pain folder

☐ **prescribing**

PCA

1st line morphine

green stickers: (Graseby 3300, Vygon, variable dose morphine and pethidine)

blue sticker: fentanyl

epidural

yellow sticker

anti emetics

white sticker

☐ **pumps:**

PCA and epidural pumps stored in main recovery UCH

PCA :

Graseby 3300

Vygon Freedom 5: disposable PCA system (morphine only, fixed dose 1mg, 5 min lockout, pre made by pharmacy)

epidural:

Graseby 9100

☐ **step-down
analgesia:**

UCLH prescribing guidelines in adult post operative pain management: the “Analgesic Ladder” locate via UCLH intranet and in acute pain folder

☐ **patients with
pre-existing
opioid use:**

See guidelines “Acute pain management in patients with pre-existing opioid usage” and “Acute pain relief in drug dependent patients undergoing surgery” in the acute pain folder

☐ **haematology
patients:**

The Acute Pain Team manages paediatric sickle cell patients